



Walled Lake Middle Schools **Co-Ed Swim & Dive Team**

Who? - All Walled Lake Middle School students grades 6,7,8

What? - Swim & Dive Team (All Walled Lake Middle Schools)

Where? - Practice at Central HS Pool / Home meets at Northern HS Pool

When? - Monday, Nov. 24 - Wednesday, Jan. 21

Practice Time? - 5:00-6:00pm or 6:00-7:00pm M, T, W, F (no Thursdays)

Parent Meeting? - Thursday Nov. 13 6:00pm at Central HS cafeteria

- NO Practice on High School meet days (schedule TBD)
- NO Practice during Winter Break (Dec. 22-Jan. 4)
- All Meets will be held at Walled Lake Northern HS pool
- Diving at Northern 3:30-5pm with Coach Casey (CaseyGuntzviller@wlcsd.org)
- - All forms must be turned in by Monday, Nov. 24, 2025
- You must have this form below and **physical** completed and signed in order to participate. Turn it in to the coaches on the first day you attend.
- This is a fun opportunity for all of our students to take part in. Regardless of skill level and experience, we will have instructional times for everyone to learn basic swimming technique. However, athletes must be able to swim 50 yards unassisted/ without stopping/ in deep water. This is not learn to swim.

- - Wednesday Meets -(5pm warm-up, 6pm start)-:
- Dec. 3 (location: Milford HS pool) (vs Huron Valley)
- Dec. 10 - Bye (practice only, no meet)
- Dec. 17 - Home (WLN) (vs South Lyon)
- Jan. 7 - Home (WLN) (vs Huron Valley)
- Jan. 12 - Bye (practice only, no meet)
- Jan. 14 at South Lyon East HS pool (vs South Lyon)
- Jan. 21 League Championship meet at South Lyon East HS Pool

Questions? Please email: Coach John Allen johnnyallen8@hotmail.com or Coach Sean Oxner coachoxner@gmail.com

Swim Meet Schedule:

- **- Wednesday Meets -(5pm warm-up, 6pm start)-:**
- **Dec. 3 kick-off meet (location: Milford HS pool) (vs Huron Valley)**
- **Dec. 10 - Bye (practice only, no meet)**
- **Dec. 17 - Home (WLN) (vs South Lyon)**
- **Jan. 7 - Home (WLN) (vs Huron Valley)**
- **Jan. 12 - Bye (practice only, no meet)**
- **Jan. 14 at South Lyon East HS pool (vs South Lyon)**
- **Jan. 21 League Championship meet at South Lyon East HS Pool**

Apparel ordering for middle school swim & dive (due Nov. 14):

<https://wlmsswim.spiritsale.com/>

Swimsuit ordering for middle school swim & dive (due Nov. 25):

<https://differentstrokesswimshop.com/collections/walled-lake-ms>

Swim Team Permission Slip

Welcome to the Walled Lake Middle Schools Swim & Dive Team!

By signing below, I am giving my child permission to participate in the middle school swim team at Central and Northern High School. My child will obey all coaches and rules while at the pool. I understand that practice is from 5-6pm or 6-7pm M, T, W & F at Central HS pool and will pick my child up no later than 6:05 pm or 7:05pm. Due to the large size of the team, athletes will be put into one of two practice groups (5-6pm or 6-7pm).

Student's

Name: _____

Grade (circle) : 6 7 8

School (circle) : Banks / Smart / Creek

Parent/Guardian

Name: _____

Signature: _____

Parent/Guardian

Phone Number: _____

Parent/Guardian

Email: _____

We look forward to a fun and safe Middle School Swim & Dive season!